

Charak Jayanti

Celebration at SBMN Ayurvedic college.

Date: 29th July, 2025

Venue: LH-3

Charak Jayanti was celebrated to honour the legendary Ayurvedic scholar Acharya Charak and to promote the relevance of Ayurveda in modern healthcare. The celebration aimed to spread awareness about the ancient system of medicine and its application in today's global health scenario.

Inauguration & Opening Session:

- The event commenced with a welcome speech by Dhanwantri club President, Ms . Riya , setting the tone for the celebration.
- This was followed by Deep Prajwalan By honourable Principal Dr. Ajay Dahiya, the sacred Dhanvantari Vandana & Charak Vandana invoking blessings of Lord Dhanvantari, the divine god of Ayurveda, symbolising health, wisdom, and well-being.

Student Centric Activities & Competitions:

A range of interactive and creative competitions were organised to involve students actively and encourage their understanding of Ayurvedic concepts:

1. Poster Making Competition

Theme: Ayurveda for Global Health

Students expressed the global applicability of Ayurveda through vibrant and informative posters.

2. Rangoli Competition

Theme: Nature and Healing

Participants depicted the healing connection between nature and Ayurveda through beautiful rangoli designs.

3. Reel Making Competition

Theme: Ayurveda Principles

Students created short, impactful video reels to showcase Ayurvedic wisdom in an engaging digital format.

4. Shloka Recitation Competition

Source: Charak Samhita

Students recited key Ayurvedic shlokas, promoting classical Sanskrit knowledge and pronunciation.

Academic Lectures & Knowledge Sessions:

The event featured insightful talks by esteemed Ayurvedic scholars:

- Dr. Brijlal Sharma delivered a lecture on the Contribution of Acharya Charak to Ayurvedic literature and ancient medical practice.
- Dr. Vijender Gupta presented on Ayurveda in the Modern World, emphasising how Ayurvedic practices continue to hold relevance in today's healthcare systems.
- Dr. Anupama Patra spoke on Ayurveda for Global Health, highlighting the increasing global recognition and acceptance of Ayurvedic treatment modalities.

Prize distribution ceremony:

Poster making :

- **1st position** was taken by Megha Arya (2023-24)
- **2nd position** : Antima & Vanshika (2023-24)
- **3rd position:** Tie between Tejaswini (2023-24) & Tannu Ahlawat (2024-25)

Rangoli making :

- **1st position** : jyoti, anshika and anjali (2024-25)
- **2nd position** : tammana, kashish and anjali (2024-25)

Reel making :

- **1st position :** Riya kaushik (2021-22 batch)
- **2nd position:** Sanya Malhotra (2023-24 batch)
- **3rd position:** Prabhat (2021-22 batch)

Shloka recitation:

- **1st position:** Samiksha (2024-25 batch)
- **2nd position:** Khwahish (2023-24 batch)
- **3rd position:** Megha Aarya (2023-24 batch)

Concluding Rituals:

- The celebration concluded with a prize distribution ceremony, recognising and appreciating the efforts of all winners and participants.
- Participation certificates were awarded to encourage ongoing involvement in Ayurvedic academic and cultural activities.

Dr. Naveenta delivered the formal vote of thanks, expressing heartfelt gratitude to all the dignitaries, speakers, participants, and organisers who contributed to the success of the event.

And special thanks to our jury members :

Dr. Timsi Sharma ,Dr. Anupama Patra and Dr. Raj kailash

As a mark of divine blessing and completion, sweets were distributed to all attendees, symbolising the auspicious blessings of Lord Dhanvantari and the spread of wisdom, health, and harmony.

Outcome :

The event was a successful tribute to the timeless legacy of Acharya Charak and reflected Baba Mastnath University's commitment to preserving and promoting traditional Indian medical sciences through academic excellence and cultural integration.

Prepared by :

Riya kaushik (Dhanwantri club president)

Kritika Aloha (Vice president)

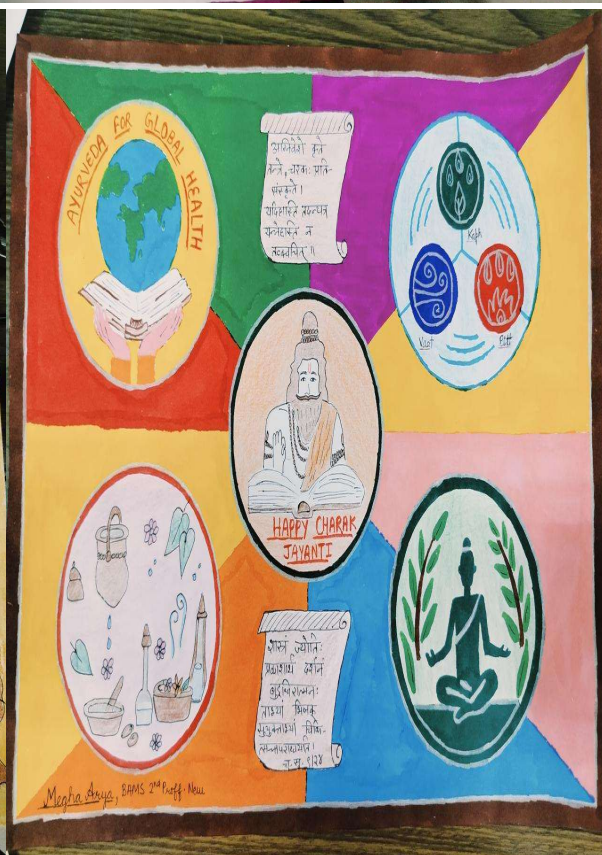
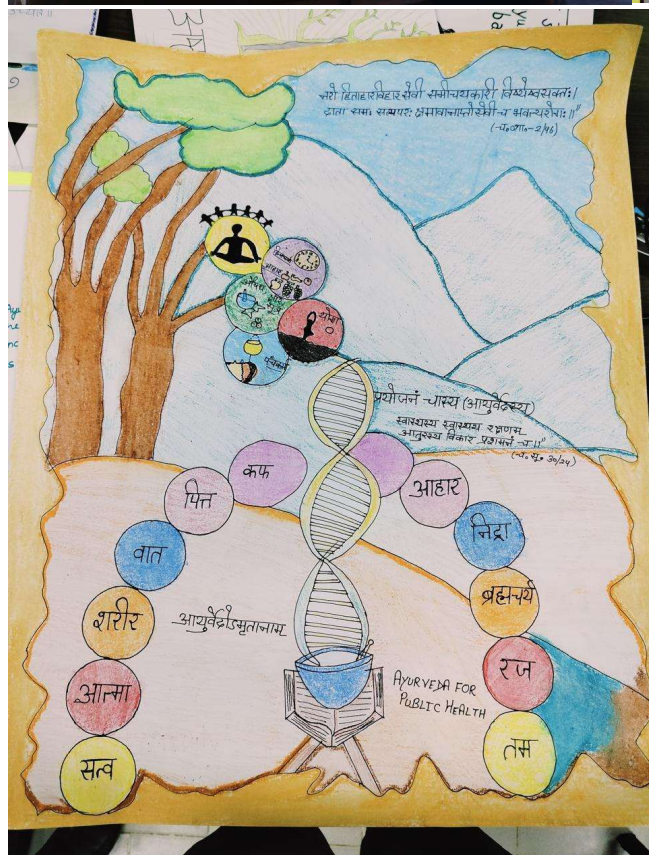
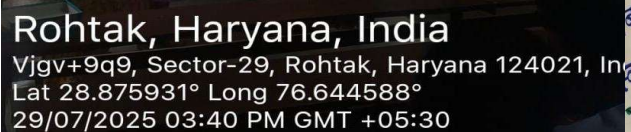
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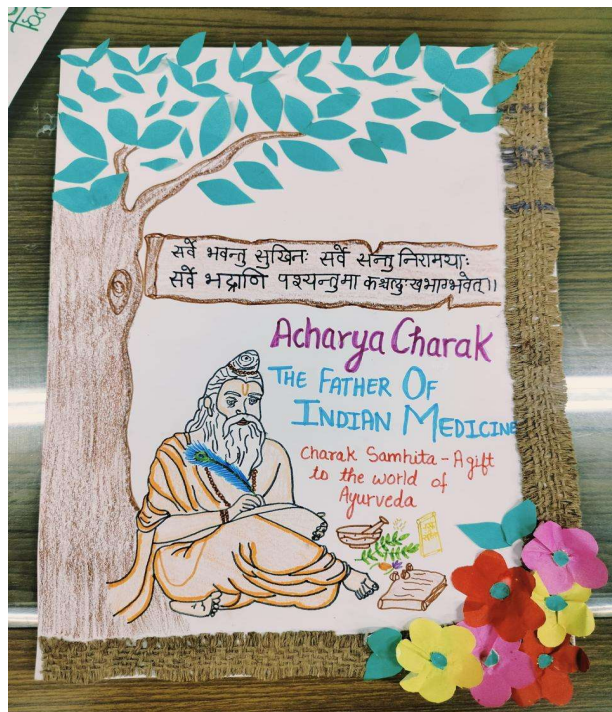
Dr . Naveenta

(Dhanwantri club staff co-ordinator)









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